

Benefits offered to LSU residents:

<http://www.lsuhs.edu/no/administration/hrm/Benefits.aspx>

Health Insurance

- *Cigna (LSU First Plan) Option 1 and 2, Blue Cross HMO, PPO, HSA (with high deductible)*
- *Flexible Spending account*

Dental- Option 1 and 2/ and Vision Insurance

Long Term Disability Insurance- American General

- *Long term Disability-pd by LSU, and can continue after leaving LSU at individuals' expense*
- *Life and accidental insurance/Death and Dismemberment*
- *Survival income benefit*
- *Family care credit benefit*
- *Mental illness/substance abuse benefit*
- *Travel assistance services*

Long Term Care Insurance- Unum

Retirement

- *La State Employee Retirement System*
- *Optional Retirement Plan*
- *Teachers Retirement System of La*
- *403 B Voluntary Retirement Plan*
- *La Deferred Compensation Plan*

<http://www.lsuhs.edu/no/administration/hrm/benefit/other.aspx>

Cafeteria plan

Tax sheltered annuities

Credit Union Banking

Direct Deposit

Pretax parking plan

Flexible spending account

Sick leave(14 days), annual leave(24 days) and educational leave(5 days)

Discount programs

- *Cox cable*
- *Sprint*

Beepers- provided by LSU

Wellness Center